



Evolve Volleyball Kids

Volleyball Skills Development Program

2016 FALL SESSION

This is a skill development program is designed for kids in grades 3, 4 and 5. The program will focus on volleyball skills development and fitness. The participants will learn basic volleyball skills such as ready position, service, forearm-pass, volley, and hitting. Through games and play, participants will learn the strategies, tactics and rules of volleyball. The program is designed to promote active living, physical literacy, and the value of team work.

8 Weekly Sessions

Time:	6:30 pm - 7:45 pm
Location:	Redstone Public School 219–297 Redstone Rd, Richmond Hill
Start Date:	Friday, October 14th, 2016
End Date:	Friday, December 2nd, 2016
Rain Date:	Friday, December 9th, 2016
Fee:	\$80.00

Registration

Participants must be in grades 3, 4 or 5. (Born 2006, 2007 or 2008). Participants will be taken on a first come first served basis. Email evolvevolleyballkids@gmail.com to save a spot for your child. Your child's registration will be confirmed after the payment has been received via e-transfer or by cheque (payable to *Evolve Volleyball Kids*)

Email:	Child's name, Date of Birth
Fee:	\$80.00
Registration Form:	Must be handed in prior to the first day of instruction

Contact Information:

Lisa Shin
Skills Development Coach/Director for Evolve Volleyball Kids
(416) 618-4728
evolvevolleyballkids@gmail.com